Assorted Fruit, Juice & Milk

September 2024

For the 2024-25 school year, each student is eligible receive 1 free breakfast and 1 free lunch each school day

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Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5 Breakfast Pick 4 Items: Mini Cinni,	6 Breakfast Pick 4 Items: Blueberry Muffin,
LABOR DAY	STAFF DEVELOPMENT	STAFF DEVELOPMENT	Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk
NO SCHOOL	DAY	DAY	Brunch For Lunch French Toast, Hard Boiled Egg, Yogurt, Roasted Potatoes, Hot Apples, Baby Carrots, Assorted Fruit, Juice & Milk	Hot Lunch Cheese Filled Breadsticks, Tomato Sauce, Baby Carrots, Roasted Chick Peas, Red Pepper Slices, Broccoli Ranch Salad, Assorted Fruit, Juice & Milk
9	10	11	12	13
Breakfast Pick 4 Items: Cinnamon Toast Crunch Soft Square, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Breakfast Pick 4 Items: Maple Pancakes, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Breakfast Pick 4 Items: Pumpkin Bread, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk Hot Lunch	Breakfast Pick 4 Items: Blueberry Waffles, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk Hot Lunch	Breakfast Pick 4 Items: Pork Sausage, Egg & Cheese Breakfast Sandwich, Bagel, Assorted Cereal, Yogurt, Assorted Fruit,
Hot Lunch Pizza Crunchers, Tomato Sauce, Roasted Potatoes, Roasted Broccoli, Baby Carrots, Dinner Roll, Assorted Fruit, Juice & Milk	Hot Lunch Chicken Nuggets, Oven Fries, String Cheese, Tortilla Chips, Salsa, Baby Carrots, Assorted Fruit, Juice & Milk	Cheeseburger, Tater Tots, Baked Beans, Coleslaw, Assorted Fruit, Juice & Milk	Rotini & Tomato Sauce, String Cheese, Dinner Roll, Mixed Green Salad, Assorted Fruit, Juice & Milk	Juice & Milk Hot Lunch Pizza Hut Cheese Pizza, String Cheese OR Yogurt, Red Pepper Strips, Baby Carrots, Celery Sticks, Assorted Fruit, Juice & Milk
16 Breakfast	17 Breakfast	18 Breakfast	19 Breakfast	20 Breakfast
Pick 4 Items: Mini Cinni, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Pick 4 Items: Confetti Pancakes, Bagel, Assorted Cereal, Yogurt, Assorted Fruit,	Pick 4 Items: French Toast Sticks, Hard Boiled Egg, Bagel, Assorted Cereal, Yogurt,	Pick 4 Items: Maple Waffles, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Pick 4 Items: Ham, Egg & Cheese Breakfast Sandwich, Bagel, Assorted Cereal,
•	Juice & Milk	Assorted Fruit, Juice & Milk	·	Yogurt, Assorted Fruit,
Hot Lunch Mozzarella Sticks, Tomato Sauce, Dinner Roll, Roasted Potatoes, Italian Green Beans, Baby Carrots, Assorted Fruit, Juice & Milk	Hot Lunch Hot Dog On A Bun, Oven Fries, Coleslaw, Cheez-Its, Baby Carrots, Assorted Fruit & Milk	Hot Lunch Taco Cheese Fries, Hot Cheese, Shredded Cheddar, Tortilla Chips, Salsa, Black Bean Salad, Assorted Fruit & Milk	Hot Lunch Popcorn Chicken Wrap, Shredded Cheddar, Shredded Lettuce, Corn, Oven Fries, Baby Carrots, Assorted Fruit, Juice & Milk	Juice & Milk Hot Lunch Stuffed Crust Cheese Pizza, String Cheese OR Yogurt, Broccoli Ranch Salad, Red Pepper Strips, Baby Carrots, Assorted Fruit, Juice & Milk
23 Breakfast	24 Breakfast	25 Breakfast	26 Breakfast	27 Breakfast
Pick 4 Items: Chocolate Chip Muffin, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Breakfast Pick 4 Items: French Toast Pouch, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk	Pick 4 Items: Egg Bites, Hash Brown, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk Hot Lunch	Pick 4 Items: Maple Pancakes, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk Hot Lunch	Pick 4 Items: Bacon, Egg & Cheese Breakfast Sandwich, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk
Hot Lunch Chicken Bites, Oven Fries, Dinner Roll, Corn, Baby Carrots, Assorted Fruit, Juice & Milk	Hot Lunch Meatball Sub, Shredded Mozzarella Cheese, Tomato Sauce, Oven Fries, Roasted Broccoli, Italian Cucumbers, Roasted Chick Peas, Assorted Fruit, Juice & Milk	Nacho Salad Supreme, Assorted Toppings, Hot Cheese OR Shredded Cheddar Cheese, Green & Red Peppers, Assorted Fruit, Juice & Milk	Pretzels & Hot Cheese, Turkey Stick, Veggie Pasta Salad, Celery Sticks, Baby Carrots, Assorted Fruit, Juice & Milk	Hot Lunch Pizza Hut Cheese Pizza, String Cheese OR Yogurt, Red Pepper Strips, Celery Sticks, Baby Carrots, Assorted Fruit, Juice & Milk
30 Breakfast Pick 4 Items: Lemon Bread, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk Hot Lunch Chicken Tenders & Corn Poppers, Coleslaw, Roasted Broccoli,			If your child has a food allergy, please notify us at (518) 356-8225. Allergy information available upon request. Food shortages are nationwide, and our district is also experiencing unavailable items or last-minute replacements. Menus are subject to change, but we will do our best to notify you if there are any changes. We appreciate your patience and understanding!	

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online

at: <a href="https://www.usda.gov/sites/default/files/documents/USDA-OASCR P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf(link is external), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov(link is external)

This institution is an equal opportunity provider.