For the 2024-25 school year, each student is eligible to receive 1 free breakfast and 1 free lunch each school day.

			,	
Monday	Tuesday	Wednesday	Thursday	Friday
			<u>_</u>	
If your child has a food allergy, please notify us at (518)	1	2	3	4
356-8225.				
Allergy information available	Breakfast	Breakfast	Breakfast	Breakfast
upon request.	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:
Food shortages are nationwide,	Bacon, Egg & Cheese	Maple Pancakes, Bagel,	Trix Muffin Top, Bagel,	Turkey Ham, Egg, &
and our district is also	Breakfast Sandwich,	Assorted Cereal, Yogurt,	Assorted Cereal,	Cheese Breakfast
experiencing unavailable items	Bagel, Assorted Cereal,	Assorted Fruit, Juice & Milk	Yogurt, Assorted	Sandwich, Bagel,
or last-minute replacements.	Yogurt, Assorted	,	Fruit, Juice & Milk	Assorted Cereal,
Menus are subject to change, but we will do our best to	Fruit, Juice & Milk			Yogurt, Assorted
notify you if there are any				Fruit, Juice & Milk
changes. We appreciate your				Trait, saide & ivilia
patience and understanding!				
7	8	9	10	11
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:
Apple Frudel,	Pork Sausage, Egg &	French Toast Sticks,	Confetti Pancakes,	Pork Sausage, Egg, &
Bagel, Assorted Cereal,	Cheese Breakfast	Bagel, Assorted Cereal,	Pork Sausage, Bagel,	Cheese Breakfast
Yogurt, Assorted Fruit,	Sandwich, Bagel,	Yogurt, Assorted	Assorted Cereal,	Sandwich, Bagel,
Juice & Milk	Assorted Cereal,	Fruit, Juice & Milk	Yogurt, Assorted	Assorted Cereal,
	Yogurt, Assorted		Fruit, Juice & Milk	Yogurt, Assorted
	Fruit, Juice & Milk			Fruit, Juice & Milk
14	15	16	17	18
COLUMBUS DAY /	Breakfast	Breakfast	Breakfast	Breakfast
INDIGENOUS PEOPLES	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:
DAY	Turkey Ham, Egg &	French Toast Pouch,	Cinnamon Donuts,	Pork Sausage, Egg, &
	Cheese Breakfast	Pork Sausage, Bagel,	Bagel, Assorted Cereal,	Cheese Breakfast
No scuoo	Sandwich, Bagel,	Assorted Cereal, Yogurt,	Yogurt, Assorted Fruit,	Sandwich, Bagel,
NO SCHOOL	Assorted Cereal,	Assorted Fruit, Juice & Milk	Juice & Milk	Assorted Cereal,
	Yogurt, Assorted	Assorted Fruit, Juice & Willk	Juice & Willik	Yogurt, Assorted
	_			_
21	Fruit, Juice & Milk	22	24	Fruit, Juice & Milk
21	22	23	24	25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:
Cinnamon Toast Crunch		Cinnamon Dutch Waffle,		Turkey Ham, Egg &
	Pork Sausage, Egg, &	· ·	Egg Bites, Hash Brown,	,
Soft Square, Bagel,	Cheese Breakfast	Bagel, Assorted Cereal,	Bagel, Assorted Cereal,	Cheese Breakfast
Assorted Cereal,	Sandwich, Bagel,	Yogurt, Assorted Fruit,	Yogurt, Assorted	Sandwich, Bagel,
Yogurt, Assorted	Assorted Cereal,	Juice & Milk	Fruit, Juice & Milk	Assorted Cereal,
Fruit, Juice & Milk	Yogurt, Assorted			Yogurt, Assorted
	Fruit, Juice & Milk			Fruit, Juice & Milk
28	29	30	31	
	5 16 1	5 16 .		
Breakfast	Breakfast	Breakfast	Breakfast	
Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	
Mini Cinni,	Pork Sausage, Egg, &	Cinnamon Donuts,	Fruit Loop Waffles,	
Bagel, Assorted Cereal,	Cheese Breakfast	Bagel, Assorted Cereal,	Bagel, Assorted Cereal,	
Yogurt, Assorted	Sandwich, Bagel,	Yogurt, Assorted Fruit,	Yogurt, Assorted Fruit,	
Fruit, Juice & Milk	Assorted Cereal,	Juice & Milk	Juice & Milk	
	Yogurt, Assorted			
1	Fruit, Juice & Milk			

## Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online

 $at: \underline{https://www.usda.gov/sites/default/files/documents/USDA-OASCR}\\$ 

<u>P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf</u>(link is external), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

## 1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. **fax:** 

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov(link is external)

This institution is an equal opportunity provider.