

Bradt & Pinewood Breakfast & Lunch Menu

October 2024

For the 2024-25 school year, each student is eligible to receive 1 free breakfast and 1 free lunch each school day.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>If your child has a food allergy, please notify us at (518) 356-8225. Allergy information available upon request. Food shortages are nationwide, and our district is also experiencing unavailable items or last-minute replacements. Menus are subject to change, but we will do our best to notify you if there are any changes. We appreciate your patience and understanding!</p>	<p>1 Breakfast Pick 4 Items: Confetti Pancakes, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Pizza Crunchers, Tomato Sauce, Roasted Potatoes, Italian Green Beans, Baby Carrots, Dinner Roll, Assorted Fruit, Juice & Milk</p>	<p>2 Breakfast Pick 4 Items: Trix Muffin Top, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Cheeseburger, Oven Fries, Baked Beans, Coleslaw, Assorted Fruit, Juice & Milk</p>	<p>3 Breakfast Pick 4 Items: Blueberry Waffles, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Brunch For Lunch French Toast, Hard Boiled Egg, Yogurt, Tater Tots, Hot Apples, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>4 Breakfast Pick 4 Items: Turkey Ham, Egg & Cheese Breakfast Sandwich, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>GRAB & GO LUNCH Bagel OR Cereal, Yogurt OR String Cheese, Baby Carrots, Assorted Fruit, Juice & Milk</p> <p>EARLY DISMISSAL</p>
<p>7 Breakfast Pick 4 Items: Mini Cinni, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Cheese Filled Breadsticks, Tomato Sauce, Baby Carrots, Roasted Potatoes, Broccoli, Assorted Fruit, Juice & Milk</p>	<p>8 Breakfast Pick 4 Items: Maple Pancakes, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Popcorn Chicken Wrap, Shredded Cheddar, Shredded Lettuce, Corn, Oven Fries, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>9 Breakfast Pick 4 Items: Cider Donuts, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Turkey Hot Dog On A Bun, Oven Fries, Coleslaw, Baked Beans, GoldFish, Assorted Fruit & Milk</p>	<p>10 Breakfast Pick 4 Items: French Toast Pouch, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Rotini & Tomato Sauce, String Cheese, Dinner Roll, Mixed Green Salad, Assorted Fruit, Juice & Milk</p>	<p>11 Breakfast Pick 4 Items: Pork Sausage, Egg & Cheese Breakfast Sandwich, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Pizza Hut Cheese Pizza, String Cheese OR Yogurt, Red Pepper Strips, Baby Carrots, Ass'td Fruit, Juice & Milk</p>
<p>14 COLUMBUS DAY / INDIGENOUS PEOPLES DAY NO SCHOOL</p>	<p>15 Breakfast Pick 4 Items: Cinnamon Toast Crunch Soft Square, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Mozzarella Sticks, Tomato Sauce, Dinner Roll, Roasted Potato Wedges, Italian Green Beans, Assorted Fruit & Milk</p>	<p>16 Breakfast Pick 4 Items: Maple Waffles, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Nacho Salad Supreme, Assorted Toppings, Hot Cheese OR Shredded Cheddar Cheese, Green & Red Peppers, Assorted Fruit, Juice & Milk</p>	<p>17 Breakfast Pick 4 Items: French Toast Sticks, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Chicken Bites, Oven Fries, Dinner Roll, Corn, Baby Carrots, Chick Pea Salad, Assorted Fruit, Juice & Milk</p>	<p>18 Breakfast Pick 4 Items: Pork Sausage, Egg & Cheese Breakfast Sandwich, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Stuffed Crust Cheese Pizza, String Cheese OR Yogurt, Broccoli Ranch Salad, Red Pepper Strips, Baby Carrots, Assorted Fruit, Juice & Milk</p>
<p>21 Breakfast Pick 4 Items: Chocolate Chip Muffin, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Taco Cheese Fries, Hot Cheese, Shredded Cheddar, Tortilla Chips, Salsa, Black Bean Salad, Assorted Fruit & Milk</p>	<p>22 Breakfast Pick 4 Items: Confetti Pancakes, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Chicken Nuggets, Oven Fries, String Cheese, Italian Cucumbers, Popcorn, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>23 Breakfast Pick 4 Items: Egg Bites, Hash Brown, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>PINEWOOD - REGULAR LUNCH Yogurt Parfait & Muffin, Assorted Toppings, Oven Fries, Granola Pouch, Granola Bar, Baby Carrots, Assorted Fruit, Juice & Milk</p> <p>BRADT EARLY DISMISSAL – GRAB & GO LUNCH Bagel OR Cereal, Yogurt OR String Cheese, Celery Sticks, Baby Carrots, Assorted Fruit, Juice & Milk</p>	<p>24 Breakfast Pick 4 Items: Fruit Loop Waffles, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Chicken Pizza Quesadilla, Corn, Tomato Cilantro Salad, Salsa, Corn Chips, Assorted Fruit & Milk</p>	<p>25 Breakfast Pick 4 Items: Turkey Ham, Egg & Cheese Breakfast Sandwich, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Pizza Hut Cheese Pizza, String Cheese OR Yogurt, Mixed Green Salad, Broccoli Ranch Salad, Assorted Fruit, Juice & Milk</p>
<p>28 Breakfast Pick 4 Items: Pumpkin Bread, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Chicken Tenders & Waffles, Baked Beans, Roasted Broccoli, Assorted Fruit, Juice & Milk</p>	<p>29 Breakfast Pick 4 Items: Maple Pancakes, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>Hot Lunch Burger Bowl, Tater Tots, Seasoned Ground Beef, Shredded Cheddar, Pickle Chips, Assorted Toppings,</p>	<p>30 Breakfast Pick 4 Items: Cider Donuts, Bagel, Ass'td Cereal, Yogurt, Ass'td Fruit, Juice & Milk</p> <p>HALLOWEEN LUNCH Mummy Mac & Cheese Bites, Frankenstein Heads (Tater Tots), Orange & Green Pepper Strips, Baby Carrots, Mandarin Oranges, Apple Cider, Camp</p>	<p>31 Breakfast Pick 4 Items: PopTart, Hard Boiled Egg, Bagel, Assorted Cereal, Yogurt, Assorted Fruit, Juice & Milk</p> <p>GRAB & GO LUNCH Bagel OR Cereal OR WOW Butter Sandwich, Yogurt OR String Cheese, Broccoli Florets, Baby Carrots, Assorted Fruit, Juice & Milk</p>	

	Coleslaw, Assorted Fruit, Juice & Milk	Fire S'Mores Bar, Assorted Fruit, Juice & Milk	ELEMENTARY EARLY DISMISSAL	
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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: [https://www.usda.gov/sites/default/files/documents/USDA-OASCR-P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf\(link is external\)](https://www.usda.gov/sites/default/files/documents/USDA-OASCR-P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf(link%20is%20external)), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(833) 256-1665 or (202) 690-7442; or
3. **email:**
[program.intake@usda.gov\(link is external\)](mailto:program.intake@usda.gov(link%20is%20external))

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