For the 2024-25 school year, each student is eligible to receive 1 free breakfast and 1 free lunch each school day.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
	Food shortages are nationwide, and our district			- 16 .
If your child has a food allergy,	is also experiencing	HOLIDAY BREAK	Breakfast	Breakfast
please notify us at (518) 356-	unavailable items or last-	HOLIDAT BILLAR	Pick 4 Items:	Pick 4 Items:
8225.	minute replacements. Menus are subject to change, but		Chocolate Chip Muffin, Bagel, Assorted Cereal,	Pork Sausage, Egg, & Cheese Breakfast
Allergy information available	we will do our best to notify	NO SCHOOL	Yogurt, Assorted	Sandwich, Bagel,
upon request.	you if there are any changes.		Fruit, Juice & Milk	Assorted Cereal,
	We appreciate your patience and understanding!		Trait, Jaice & Willik	Yogurt, Assorted
	and understanding:			Fruit, Juice & Milk
6	7	8	9	10
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:
Trix Muffin,	Bacon, Egg & Cheese	Fruit Loop Waffle,	Pork Sausage, Egg, &	Turkey Ham, Egg, &
Bagel, Assorted Cereal,	Breakfast Sandwich,	Bagel, Assorted Cereal,	Cheese Breakfast	Cheese Breakfast
Yogurt, Assorted	Bagel, Assorted Cereal,	Yogurt, Assorted	Pocket, Pork Sausage,	Sandwich, Bagel,
Fruit, Juice & Milk	Yogurt, Assorted	Fruit, Juice & Milk	Bagel, Assorted Cereal,	Assorted Cereal,
	Fruit, Juice & Milk		Yogurt, Assorted	Yogurt, Assorted
			Fruit, Juice & Milk	Fruit, Juice & Milk
13	14	15	16	17
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:
Mini Cinni,	Pork Sausage, Egg &	French Toast Pouch,	Confetti Pancakes,	Bacon, Egg, & Cheese
Bagel, Assorted Cereal,	Cheese Breakfast	Bagel, Assorted Cereal,	Bagel, Assorted Cereal,	Breakfast Sandwich,
Yogurt, Assorted Fruit,	Sandwich, Bagel,	Yogurt, Assorted Fruit,	Yogurt, Assorted Fruit,	Bagel, Assorted Cereal,
Juice & Milk	Assorted Cereal,	Juice & Milk	Juice & Milk	Yogurt, Assorted
	Yogurt, Assorted			Fruit, Juice & Milk
	Fruit, Juice & Milk			
20	21	22	23	24
	Breakfast	Breakfast	Breakfast	Breakfast
MARTIN LUTHER KING, JR DAY	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:	Pick 4 Items:
	Turkey Ham, Egg, &	Trix Muffin, Pork Sausage,	Cinnamon Donuts,	Pork Sausage, Egg, &
NO SCHOOL	Cheese Breakfast	Bagel, Assorted Cereal,	Bagel, Assorted Cereal,	Cheese Breakfast
	Sandwich, Bagel,	Yogurt, Assorted	Yogurt, Assorted Fruit,	Sandwich, Bagel,
	Assorted Cereal,	Fruit, Juice & Milk	Juice & Milk	Assorted Cereal,
	Yogurt, Assorted			Yogurt, Assorted
	Fruit, Juice & Milk			Fruit, Juice & Milk
27	28	29	30	31
Breakfast	Breakfast		Breakfast	Breakfast
Pick 4 Items:	Pick 4 Items:	LUNAR NEW YEAR	Pick 4 Items:	Pick 4 Items:
Pumpkin Bread,	Bacon, Egg, & Cheese		Maple Pancakes,	Turkey Ham, Egg, &
Bagel, Assorted Cereal,	Breakfast Sandwich,	NO SCHOOL	Bagel, Assorted Cereal,	Cheese Breakfast
Yogurt, Assorted	Bagel, Assorted Cereal,		Yogurt, Assorted	Sandwich, Bagel,
Fruit, Juice & Milk	Yogurt, Assorted		Fruit, Juice & Milk	Assorted Cereal,
	Fruit, Juice & Milk			Yogurt, Assorted
				Fruit, Juice & Milk

Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online

at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf(link is external), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. **fax:**

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov(link is external)

This institution is an equal opportunity provider.