

TEAMS

Mohonasen fields a wide range of interscholastic sports teams for students in both high school and middle school (7th & 8th grade) each sports season. Students are eligible to play 4 consecutive years of athletics in high school starting with the date they entered 9th grade.

Before each season, any student interested in joining a team at any level must have an updated physical on file with the school nurse (physical dates are listed on the school calendar and website) and be registered on Family ID (see district athletics website for more info on Family ID). Please note that all teams have a tryout period and no athlete is ever guaranteed a spot on any team. Please contact your teams' coach if you are unsure or would like more information about that teams' tryout policy.

FALL SPORTS

Cheerleading- JV & Varsity
Cross Country (Boys & Girls)-, Modified, Freshman, JV & Varsity
Golf (Boys & Girls)- Varsity Only
Football- Modified, JV & Varsity
Soccer (Boys & Girls)- Modified, JV & Varsity
Tennis (Girls)- Varsity Only
Swimming & Diving (Girls)- Varsity Only
Volleyball (Girls)- Modified, JV & Varsity

WINTER SPORTS

Cheerleading- JV & Varsity
Basketball (Boys & Girls)- Modified, JV & Varsity
Bowling (Boys & Girls)- Varsity Only
Ice Hockey (GMSVS Storm)- Varsity Only
Swimming & Diving- Co-Ed Modified, Boys Varsity Only
Indoor Track & Field (Boys & Girls)- Freshman, JV & Varsity
Boys Wrestling- Modified, JV & Varsity
Girls Wrestling- Varsity Only

SPRING SPORTS

Baseball- Modified, Freshman, JV & Varsity
Softball- Modified, JV & Varsity
Outdoor Track & Field (Boys & Girls)- Modified, Freshman, JV & Varsity
Tennis (Boys)- Varsity Only
Lacrosse (Boys & Girls)- Modified, JV & Varsity